

# Resources for High School Students with Disabilities & Families

By: Bemidji Area Community Transition Interagency Committee



## RESOURCES FOR HOME AND COMMUNITY SERVICES:

- **Beltrami County Health & Human Services** (or search for county services where you live):
  - SERVICES: case management services, independent living services, behavioral support services, connecting with community resources and economic assistance supports, and more.
  - WHO: children, students, and adults with disabilities who need continuous supports.
  - WHEN TO CONTACT: anytime services at home or in the community are needed.
  - CONTACT: 218-333-4223 to look into or begin services.
  - WEBSITE: <https://www.co.beltrami.mn.us/departments/HHS/HHS%20Home.html>
  - Providers for services can include: GOAL Inc, Lutheran Social Services (LSS), Occupational Development Center (ODC), and more.
- **Options Resource Center for Independent Living (Options CIL)**
  - SERVICES: Independent Living Skills Training, information and referral services, advocacy-individual and systems, transition services.
  - WHO: students and adults who want assistance with independent living services and more.
  - WHEN TO CONTACT: available in high school and in adulthood.
  - CONTACT: 218-773-6100, 800-726-3692, [options@myoptions.info](mailto:options@myoptions.info)
  - WEBSITE: <https://www.myoptions.info/>
  - GEOGRAPHIC AREA: counties including Beltrami, Hubbard, Lake of the Woods, Clearwater, Roseau, Polk Red Lake, Marshall, Northeast North Dakota, and more.
- **Evergreen Youth & Family Services**
  - SERVICES: youth homelessness, drop-in center, housing assistance, independent living skills, mental health and counseling, youth-at-work, youth shelter, crisis intervention and more.
  - WHO: youth around ages 9-24 and families.
  - WHEN TO CONTACT: when services are needed for youth homelessness, housing assistance, etc.
  - CONTACT: 218-751-8223; CRISIS HOTLINE (teen or parent): 218-751-4332
  - WEBSITE: <https://www.evergreenyfs.org/index.html>
  - GEOGRAPHIC AREA: the greater Bemidji area and 15 other counties and area reservations .

## RESOURCES WITH EMPLOYMENT AND JOB EXPLORATION:

- **Vocational Rehabilitation Services (Voc. Rehab.)**
  - SERVICES: job exploration, trying out work, exploring work in the community, exploring training options, obtaining and maintaining employment, help with learning job tasks, and more.
  - WHO: students (14+) and adults with disabilities.
  - WHEN TO CONTACT: in high school or after graduation. Anytime student is ready to explore employment and more.
  - CONTACT: 218-333-8209, [VRS.CustomerService@state.mn.us](mailto:VRS.CustomerService@state.mn.us)
  - WEBSITE: <https://mn.gov/deed/job-seekers/disabilities/>
  - GEOGRAPHIC AREA: each county has a Voc. Rehab. office/contact, contact information above is for Beltrami county, to find another Voc. Rehab. contact [VRS.CustomerService@state.mn.us](mailto:VRS.CustomerService@state.mn.us)
  - *Providers/Partners: Lutheran Social Services (LSS), Occupational Development Center (ODC), County Services, Options CIL, and more.*
- **Rural Minnesota CEP- *Concentrated Employment Program Inc.***
  - SERVICES: career planning, completing high school, paid work experience, training options, and more.
  - WHO: ages 14-24 who are individuals with disabilities, low-income, homeless, an offender, pregnant or parenting, in foster care, high school drop out, or facing barriers for success.
  - WHEN TO CONTACT: In high school or after graduation if need services with employment, training, assistance completing GED, etc.
  - CONTACT: 218-444-0732, 2300 24<sup>th</sup> St. NW Suite 106, Bemidji, MN
  - WEBSITE: <https://www.rmcep.com/agency-profile/locations/p/item/7240/bemidji>
  - GEOGRAPHIC AREA: Beltrami, Lake of the Woods, Clearwater, Hubbard, Cass counties.
- **CareerForce (formerly called Workforce Centers)**
  - SERVICES: general career services to start a job, advance or change employment.
  - WHO: general public.
  - WHEN TO CONTACT: optional resource, can be explored in 11-12<sup>th</sup> grade and adulthood.
  - CONTACT: for Bemidji area: downtown location at 616 America Avenue NW, Suite 210, Bemidji, MN and 218-333-8200; additional location- 2300 24th Street NW, Bemidji, MN and 218-444-0732; [careerforce.bemidji@state.mn.us](mailto:careerforce.bemidji@state.mn.us)
  - WEBSITE: <https://www.careerforcemn.com/>
  - GEOGRAPHIC AREA: there are several CareerForce locations throughout MN, besides Bemidji area, to find the location nearest to you, can call 651-259-7500 or [CareerForce@state.mn.us](mailto:CareerForce@state.mn.us) .

## RESOURCES FOR POST-SECONDARY ACOMMODATIONS/ACCESSIBILITY:

- **Bemidji State University & Northwest Technical College- Accessibility Services**
  - WHAT: offers consultation services for students with disabilities and parents of students hoping to transition to the post-secondary educational world.

- WHO: students and graduates thinking about attending BSU or NTC and have questions on accommodations in college. Also applies to those who applied to BSU or NTC and want to get started with Accessibility Services.
- WHEN TO CONTACT: in high school if thinking of attending traditional college once graduating or when applying to BSU/NTC.
- CONTACT: 218-755-3883 or 218-766-2139, [accessibility@bemidjistate.edu](mailto:accessibility@bemidjistate.edu)

## COLLEGE SKILLS PROGRAMS IN MINNESOTA FOR STUDENTS WITH DISABILITIES:

*a college experience for individuals with disabilities that is a certificate/diploma skills program*

### • Central Lake College Occupational Skills Program

- WHAT: nine-month diploma program designed for individuals with mild to moderate disability, focusing on competitive entry-level employment. Work experiences as well as coursework to support independence in the workplace and in the community are the main components of the program.
- WHERE: Brainerd, MN
- WHO: High school graduates with a mild to moderate disability.
- WHEN TO CONTACT: in high school if looking at non-traditional college options. Also able to contact if already graduated.
- CONTACT: 218-855-8077 or 218-855-8075
- WEBSITE: <http://www.clcmn.edu/occupational-skills-diploma-2/>
- OTHER: No on-campus housing. Can apply online at [www.clcmn.edu](http://www.clcmn.edu) and OSP in the program choice area. No age limit.

### • Bethel BUILD at Bethel University

- WHAT: two-year college experience for individuals with intellectual/developmental disabilities, includes college classes, room and board, work experiences and more in Christian environment.
- WHERE: 3900 Bethel Drive, Saint Paul, MN
- WHO: individuals with intellectual/developmental disabilities, IQ 79 or below. Ages 18-24.
- WHEN TO CONTACT: in high school if looking at non-traditional college options. Also able to contact if already graduated.
- CONTACT: 651-635-8799 [build-program@bethel.edu](mailto:build-program@bethel.edu)
- WEBSITE: <https://www.bethel.edu/academics/build/>
- OTHER: applications due Dec. 31<sup>st</sup> for following fall school year.

### • Beyond Limits Program at Bethany Global University

- WHAT: two-year, residential post-secondary Christian campus experience and Beyond Limits life skills certificate for qualified young adult students with developmental disabilities. Includes college classes, independent living skills courses and on-campus work opportunities.
- WHERE: 6820 Auto Club Road Suite P, Bloomington, MN
- WHO: students with developmental disabilities. Ages 18-29.

- WHEN TO CONTACT: in high school if looking at non-traditional college options. Also able to contact if already graduated.
- CONTACT: 952-563-9904, [info@beyondlimitscollege.com](mailto:info@beyondlimitscollege.com)
- OTHER: Applications due March 1<sup>st</sup> or before for fall term.

- **Minnesota Independence College and Community (MICC)**

- WHAT: three-year apartment living MICC College Program encourages the personal growth of each student through a unique and individualized process. As they participate in independent living skills curricula, career certificate programming, and social skills instruction, students gain valuable social and vocational experiences and begin to develop their community within an ever-changing world setting.
- WHERE: 7501 Logan Ave S. Suite 2A, Richfield, MN
- WHO: high school graduates who have autism spectrum disorder or learning differences.
- WHEN TO CONTACT: in high school if looking at non-traditional college options. Also able to contact if already graduated.
- CONTACT: 612-869-4008, <https://www.miccommunity.org/college.html>
- OTHER: Applications due March 1<sup>st</sup> or before for the fall term.